

Buddhism + Meditation Podcasts & Audio:

Podcast - a digital audio file made available on the Internet for downloading, typically available as a series, new installments of which can be received by subscribers automatically

1) Dharmaseed – Western Theravada based teachings, since 1980s
dharmafeed.org/talks/

2) Talks by Gil Fronsdal and various guest speakers
audiodharma.org & zencast.org

3) Daily short talks by Thanissaro Bhikkhu, since 2000
dhammatalks.org

4) The Secular Buddhist – 200+ interviews by Ted Messiner
secularbuddhism.org/category/podcasts/

5) Presentmomentmindfulness.com by Ted Messiner

6) Buddhist Geeks – 300+ interviews by Vincent Horn
buddhistgeeks.com

7) Ajahn Brahm and the Western Australian Buddhist Sangha
<http://podcast.bswa.org/>
<http://deeperdhamma.podbean.com/>

8) Ajahn Amaro and others from Amaravati monastery
Amaravati.org/category/teachings/audio/dhamma-talks/

9) Ajahn Pasanno and others from Abhayagiri monastery
Abhayagiri.org/audio/

10) Ajahn Viradhammo from Tisarana monastery
Tisarana.ca/category/podcast/

11) FBA – two podcasts from the Triratna Buddhist Order
<http://www.freebuddhistaudio.com/community/podcasts.php>

12) Dharma Punx NYC – 300+ talks by Josh Korda
dharmafunxnyc.podbean.com

- 13) Upaya zen center with Joan Halifax and guests
Upaya.org/dharmataalks/
- 14) San Francisco Zen Center Dharma Talks, since 2007
<http://sfzc.org/teachings/audio/recorded-dharma-talks>
- 15) Tara Brach weekly talks, since 2005
<https://www.tarabrach.com/talks-audio-video/>
- 16) Soundstrue interviews – Insights at the Edge, since 2009
soundstrue.com/store/weeklywisdom
- 17) Tricycle magazine podcast
<http://tricycle.org/tag/podcast/>
- 18) Mindful magazine podcast
<https://soundcloud.com/mindfulmagazine>
- 19) unfetteredmind.org by Ken McLeod
- 20) bobthurman.com/bob-thurman-podcast/
- 21) Alexander Berzin Tibetan teachings
<https://podfanatic.com/podcast/the-berzin-archives-podcasts>
- 22) Buddha at the gas pump – 300+ interviews with all sorts of people
batgap.com
- 23) 5minutedharma.com & jayforest.com/episodes/
- 24) Mangala Shri Bhuti's The Link (Tibetan), since 2010
mangalashribhuti.org/TheLINK
- 25) Buddhism Guide by Karma Yeshe Rabgye
<http://buddhismguide.org/audio-blog/>
- 26) Urban Dharma LA by Kusala Bhikshu
<https://urbandharmanpodcast.wordpress.com/>
- 27) Thich Nhat Hanh Dharma Talks – tnhaudio.org
- 28) alanwattspodcast.com

- 29) hardcorezen.libsyn.com by Brad Warner
- 30) Bad Buddhist Radio
<http://www.badbuddhistradio.com/pc01.html>
- 31) Against the Stream by Noah Levine and guests
<http://www.againstthestream.org/audio/>
- 32) Shambhala NYC podcast
<http://ny.shambhala.org/blog/>
- 33) The Interdependence Project NYC
theidproject.org/media/podcast
- 34) <https://simplesuttas.wordpress.com/> by Justin Merritt
- 35) <http://secularbuddhism.com/category/podcast/> by Noah Rasheta
- 36) Dharma Ocean by Reggie Ray, 100+
<http://www.dharmaocean.org/meditation/podcasts/>
- 37) Luangpor Pramote talks
www.dhamma.com/enaudio/
- 38) Luang Por Munindo talks
<http://ratanagiri.org.uk/news/subscriptions>
- 39) Post-traditional Buddhism
<https://soundcloud.com/post-traditional-buddhism>
- 40) www.mindfulcyborgs.com/podcast/
- 41) Bhavana Society West Virginia
<http://feeds.feedburner.com/BhavanaSocietyPodcast>
<http://jayantha.tumblr.com/tagged/sotppodcast>
- 42) www.meditationforhealthpodcast.com by Dr. Puff, 100+
- 43) Early Buddhism by Bhikkhu Samahita
<https://soundcloud.com/bhikkhu-samahita>
- 44)

45)

46)

47)

48)

49)

50)

Other audio:

1) Birken Forest Monastery archive of 4500+ talks
http://birken.ca/audio_dhamma_talks

2) 14th Dalai Lama webcasts & talks
www.dalailama.com/webcasts/category/0

3) An overview of Majjhima Nikaya by Bhikkhu Bodhi
<http://bodhimonastery.org/a-systematic-study-of-the-majjhima-nikaya.html>

4) 13 hour Introduction to Buddhism by Bhikkhu Bodhi
www.urbandharma.org/udharma10/bbodhi10.html

5) Lectures from Bhikkhu Analayo
www.buddhismuskunde.uni-hamburg.de/fileadmin/pdf/analayo/lectures.htm

6) Chan Center talks – <http://chancenter.org/cmc/multimedia/audio/>

7) Kwan Um School of Zen talk archive – <http://kwanumzen.org/talk>

8)

9)

10)

Incomplete list, last updated April 2016